

Team Member: Shonte Drakeford, MSN, CRNP, AGNP-C

Role: In House Head Chef - Nutrition Coordinator

Shonte Drakeford(she/her) is a 36-year-old Washington, D.C. native who grew up in foster care. She is a Board Certified Nurse Practitioner, Army wife, Farmer, Food enthusiast, German Shepard mama, and a friend to all.

Shonte was diagnosed with Stage IV Metastatic Breast Cancer in 2015 at the age of 31. Her cancer has metastasized to her lungs, hip, rib, spine, and lymph nodes. She also has a genetic trait for colon cancer. She is triple positive, meaning the cancer grows from Estrogen/Progesterone and the HER 2 receptor.

She started cancer detection early, at the age of 25 but unfortunately was denied and delayed early detection diagnostics for six years until her current diagnosis.

She has been *SURVIVING* while living a life without fear, as positively as possible. She values her quality of life while spending her leisure moments with her high school sweetie/husband, friends, snowboarding, working around her farm- chickens, bees, ducks, growing produce, listening to music, cooking, and traveling. Her mantras are "Enjoy Life" & "Do as much as you can until you can't." Cancer will not stop her from her aspirations in life.

She says Haya, Hiya & Hello!!!

