



Deltra Kroemer

Title: Program Coordinator

Deltra is a Connecticut based home-educating mama of 5 amazing girls who she strives to raise with cultural and health awareness.

She's a chain tea drinker, wig hoarder, and lover of singing loudly and dancing unabashedly.

Since being diagnosed with Triple Negative MBC de novo in 2019 she has focused on thriving through education, advocacy, connecting and radical self-care. She is passionate about mental and emotional wellness, creative expression as a means of coping, community building and connecting BIPOC women with people and spaces that can care for our whole selves. She is a member of Lacuna Loft's YACS advisory board and the inaugural class of For the Breast of Us Baddie Ambassadors.